



# ADVENT RETREAT OF SILENCE

WITH KAREN MAINS & MELISSA TIMBERLAKE



Is your personal light dimming?...or flickering, or maybe in danger of being extinguished? Author and speaker Karen Mains, along with her daughter, Melissa Timberlake, a professionally trained and experienced life coach, will facilitate a retreat that teaches you to draw light from the One whom Scripture tells us is the light of the world.

In the busy Christmas season it's easy to become exhausted by the trappings and to-do's. Many feel they are overwhelmed by the circumstances they're facing. Albert Schweitzer said, "At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us."

Rekindling the spark is what this Advent retreat is all about. It's designed to help you renew yourself in His flame as you are encircled in a place of calm, of quiet, of beauty and of peace. If you need time to renew, but can't get away for several days or even for 24 hours, this 8-hour guided retreat will prove to be a restorative gift.



## RETREAT DETAILS:

DATES: Thursday, December 3rd or  
Saturday, December 5th

TIME: 9am - 5pm CT

COST: \$155 per person

LOCATION: Turtle Creek Acres  
2805 W. Justen Rd  
McHenry, IL 60050

For more information:  
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- ❄️ 1920s Renovated Dairy Barn/Home
- ❄️ 18 Acres of Serene Marshland Setting
- ❄️ Facilitators with Years of Experience
- ❄️ Guided Group Meditations on Light and Darkness
- ❄️ Space for Soul Searching
- ❄️ Barnyard Animals to Greet You
- ❄️ Woodland Paths to Explore
- ❄️ Mini-Retreat Setting with Abundant Time to be Still



“Let us be silent, so that we may hear the whispers of God.”  
- Ralph Waldo Emerson

- Unrushed Moments to Listen and Focus on Scripture
- Experience and Learn the Practice of Silence
- Alone Time to Nurture Yourself
- Unplug from Facebook, Twitter, Email, etc.
- Remember the Deeper Meaning of Christmas
- Encouragement to Shine Your Unique Light Into the World
- Buffet Lunch
- Uninterrupted Space to Consider Areas of Your Life that Need Re-Igniting
- Nooks and Lofts for Journaling and Prayer
- Barn Home Decorated for Christmas
- Bonfire and Sundowners (hot cider) to End the Day



## REGISTER FOR THIS EVENT

Register online with multiple payment options:

If you're not able to see a registration button above this text then simply copy the link below and paste it into your web browser. That will then take you to our registration page.

<http://2015adventretreat.eventzilla.net>

This event will take place on a farm. Therefore, please be aware of allergic considerations. There are cats, dogs, horses, sheep, hay, chickens, etc. on the premises. The cats and dogs are indoor/outdoor animals. They will not be present during the event, but do normally live in the house, so there may be some allergic remnants still present. If you have allergies, please bring any medications you may need.